



# בשול עם שמחה



## Curried Quinoa with Mango

We made this without the Mango and it was still nice...

### Quinoa:

1 cup quinoa - *cooked for 12 minutes in a pan of boiling salted water, drained and then left to cool*

### Add to the cooled quinoa:

1 mango - *peeled and chopped*

1 cup cucumber - *chopped*

5 Tbsp spring onions - *chopped*

### Salad Dressing:

*Whisk together:*

1/4 cup oil (we used olive)

2 Tbsp white wine vinegar

1 Tbsp mango chutney

1-1/2 tsp curry powder

1/2 tsp dry mustard

Pour the salad dressing over the quinoa.

Serve on a bed of baby spinach.

*Enjoy.... Simcha*

## Sue's News...

**Rabbi Fred Morgan**, from Temple Beth Israel in Melbourne, and his wife Sue were in Wellington for a few days as part of their great OE to New Zealand. They caught up with a number of current and past presidents of Temple Sinai at various dinners, and came to shul.

Rabbi Morgan delighted everyone there with his beautiful chanting of the section of Beshallah, Shirat Yam, the Song at the Sea. Now inspired to learn this trope, at least one of us will aim to do it next year!

**Rabbi Michael and Sandy Abraham** arrived in Wellington to catch festival events and catch up with many friends. They arrived on 20 February after a long and tiring journey and, both suffering colds and jetlag, they went straight to Marjorie's funeral. It is wonderful to have them in Wellington again. Michael and Sandy will return back home to New Jersey on 20 March.

Mazel Tov to **Beth Shalom** Auckland, on their 50th Anniversary celebrations over the weekend of 4 March.

The **MultiCultural Interfaith Forum** was a great success, and thanks go to the efforts of the organizing committee, particularly Dr Pushpa Wood and Tiropira Rauna, without whom it would never have happened.

Mazel Tov to **Kit Harris** on her 90th birthday. (page 5)

Mazel Tov to **Margaret Hess** on the recent marriage in Christchurch of her daughter Arielle. (Johanna)

It has been great to see the next crop of bar mitzvah boys, **Louis, Tadgh and Guy** attending services regularly, and also to see them participating actively. Look forward to May, when all three will celebrate their bar mitzvahs.

Mazel tov to ex-Wellingtonian **Daniel Josephs** on his bar mitzvah at Beth Shalom on 25 March - yes, he'll be 13!! (letter from Josephs family - page 5)

**Jessica Young** had a very successful first year at Otago Phys Ed School, then was rosh of Habo's world famous summer camp at Kaiaua - back south this year.

Mazel tov to **Dafna Cohen**, off to Auckland Medical School, and for attaining four Scholarships (in Chemistry, Biology, Classical Studies and English) from her five exams.

Mazel tov to **Mark Zivanovich**, a prefect at Napier Boy's High this year - **Alana Zivanovich** is now in Wellington.

Welcome home to **Nick Gordon** from a year away - back to Victoria University very soon.

Welcome back from Shnat year in Israel to **Shosh Cleary** who is Rosh Ken Wellington Habo this year.

**Sophia Duckor-Jones** and **Hugh Ratnam**, with **Miri Young** as a madricha, went to Melbourne recently, for an Australia-New Zealand seminar in preparation for *March of the Living*, the first year this has been offered to young New Zealanders. Four others from Auckland are going too. Their study preparation leads up to a three-week trip to Poland and Israel in May, with follow up study and ongoing support.

The *March of the Living* programme is offered to 16-17 year olds and incorporates study, discussion and travel; being in Poland for Yom HaShoah and in Israel for Yom Ha'Atzmaut. Nessiah Tovah - travel safely and well.

### Shifting House

During the end of February and through March, we had to find alternative accommodation to hold services while the Temple floors in the sanctuary, office and library were being repiled.

We are most grateful to the **Wellington Jewish Community Centre** who have made the Myers Hall available to us for services, and to the Israel Information Office who have provided secure storage for our reading desk, Torah scroll, and siddurim, during this time. These generous offers of assistance are a real tribute to our friends who have been so willing to support us.

Remember to send in all your news of Temple members...

*Sue*